

every Snuggle.

Clark Regional's Center for Women & Babies delivers more than 600 babies a year and continues to offer sensitive personalized health services to each woman, baby, and family. Our highly-skilled physicians and nurses provide family-centered care in a state-of-the-art facility.

Because you have specific needs and concerns, you want choices about the way your baby is delivered. CRMC offers you these choices. And whatever you choose, you will be assured that at CRMC you'll have your baby in a warm, caring, family-centered atmosphere.



Child Birth Classes & Facility Tours

Childbirth classes and tours for expecting parents are offered for free to anyone who is delivering at CRMC. For more information on class topics, dates and times or to schedule your tour, please call 859.737.6206.



175 Hospital Dr
Winchester, KY 40391
ClarkRegional.org
859-745-3500

Cherish

Every Moment.

Having a baby is one of the greatest joys in life. We would be honored to share this special moment in time with you and your family.





every R.I.S.S.

- Labor/Delivery/Recover/Postpartum suite, all close to the nurses' station
- Whirlpool tubs to provide relaxation and comfort during the laboring process
- Tempur-Pedic mattresses
- Private, spacious bathroom
- "Sleep sofas" so a spouse or significant support person is also comfortable
- Custom gliders designed to promote breast feeding
- The center is equipped with state-of-the-art monitors
- Each delivery area has a warmer to provide a safe, temperature-controlled environment for your baby's immediate care
- Security measures for newborns and their families
- Free wireless internet

Clark Regional's Center for Women & Babies is the total package – specialized medical care delivered in a home-like setting.

Comfort and Amenities

With its first-class amenities, our state-of-the-art center offers everything you would expect to find in a "big city" facility, but with personalized, individual care. The Center for Women and Babies at Clark Regional Medical Center is a birthing facility like no other in Central Kentucky.

Personalized Labor and Delivery Options

Create the birth plan you desire with expanded options for pain management including jet tubs, birthing balls, and other physiologic techniques in addition to our epidural option.

Comprehensive Care

Your mother-baby nurse is expertly cross-trained to understand both parent and newborn needs, so your medical care is second to none.



every yawn.

Kangaroo Care

Kangaroo Care is a special way to hold your baby for skin-to-skin contact. Doctors say that holding a baby skin-to-skin is the "best care" for your baby. Our staff will teach you how to do Kangaroo Care immediately after birth and tips to use at home.

- Your baby will cry less and sleep more
- Your baby will have better brain development
- You will have more milk and more success with breastfeeding
- You will have better bonding and feelings of closeness

For more information, please go to our website www.clarkregional.org